

## Are you looking for a netball team?

### Here's what to do:

The Norwich Netball League runs a competitive league throughout the 'summer' from March to July. We also run a competitive indoor winter league from September to March, and 2 outdoor 'friendly' winter leagues.

Before you can play in any of the Norwich League games, enter any Norfolk-run course or tournament, **you must be registered with 'England Netball.'** This membership gives you membership benefits such as playing insurance, subscription to the Netball Magazine etc. This is normally done in August every year, but England Netball are trying to encourage people 'back to netball' with a reduced fee membership until the end of August 2008. For details of this please contact our local Norfolk Membership Secretary Carol Fenn: 01603 610526 or email: [carol@fenn7502.freeserve.co.uk](mailto:carol@fenn7502.freeserve.co.uk). Alternatively you can contact England Netball direct on 01462 442344.

We have many teams within the Norwich League, and several larger clubs, some of which have regular training sessions. I do not currently have a list of teams who are looking for players. However, teams do change regularly and many do need extra players!

Contact for our 2 main clubs in Norwich are:

Norfolk United: Peter Hague - 01603 401262.  
Thoroughbreds: Sharon Lincoln - 01603 403001.

Both these clubs are 'CAPS' accredited clubs with qualified coaches and offer training sessions to their players. They may be able to offer training or an assessment.

You can also try McCarthy: Lisa Donovan - 01603 890603. This is a relatively new team who although not CAPS accredited, hold training sessions and are looking for new players.

If you would like a detailed copy of the League fixtures, I can email these to you. This will include all the team contact details. It is a good idea to go along to some of the summer or winter league matches to watch and see if you think that level of play is appropriate to your own netball standard. You can then see if you need to go 'up' or 'down' a division!

The information about the constitution, league rules etc are all available to download from the website: [www.norwichnetballleague.com](http://www.norwichnetballleague.com)

Advice about umpiring can be obtained from Jo Loombe: 01603 461812.

For any other help need please ring me on 01603 414706.

Best wishes and good luck!

Paula Bloor.  
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